



FAMILY & HOME · BOOK 22

Smart Parenting with AI

Homework help, screen-time rules, tantrums, activities, routines and tricky questions, for parents of kids aged 2 to 16

19 ready-to-use prompts

Real Indian examples

Works on free AI plans

22

ChatGPT · Gemini · Claude · Copilot · Meta AI · Perplexity

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19 prompts inside. Tap any line to jump to it. Every chapter ends with a **↑ Back to contents** link.

START HERE

3 Quick Wins in 2 Minutes

Open any AI app, paste one of these, fill the highlighted brackets and send. You will have something useful in two minutes. Do the setup chapter later.

P01 Explain my child's homework

Use when: Homework time and you're stuck

You are a patient primary-school teacher and parenting coach for Indian families.

Class: **[class]**, subject: **[subject]**, topic or question: **[paste or upload a photo of the worksheet]**.

Task: help me explain it to my child.

Format: a 5-line explanation in simple words, one everyday Indian example, and 3 practice questions with answers for me.

Constraints: don't just give answers to copy; help my child think. Explain in **[English/Hindi/Hinglish]**.

- ✓ For anything official, ask for English and then *"explain it to me in Hindi"* so you know what you are sending.
- ! Never paste Aadhaar, PAN, bank, card, OTP or password details. Use placeholders like [my PAN].
- ! AI can sound confident and still be wrong. Verify important facts with an official source.
- ! Download apps only from the official publisher. Ignore "free premium" APK links.

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CHAPTER 2

Homework & Learning Help

Become the parent who can help with any subject, without doing the homework.

P04 Explain a concept to my child

Use when: They don't understand a topic

You are a patient primary and middle-school teacher who explains things to children simply.
Explain **[topic]** for a Class **[class]** child in a fun, simple way with an example from everyday Indian life.
Then give me 3 questions to ask my child to check understanding. I want to teach, not give answers.